

KEYNOTE INTRODUCTION

Walk. Don't Walk. Down. (But Not Out.)

I'm pleased to introduce our keynote speaker who faced one of the most frightening events in his life when, within a matter of hours, he lost the ability to walk. Gary McKechnie (***pronounced Ma-kek-nee***) will be sharing what he learned when he had to relinquish complete control to people he had never met, and most who he would never meet again. While he considers himself extremely fortunate to make a complete recovery, he considers it equally important to share his account of the extraordinary events leading up to and throughout his journey; unforgettable and indelible moments that illustrate the importance of creating a life to be proud of, as well as the importance of teamwork, appreciation, respect, gratitude, and our personal obligation to lift up those around us.

He's a wonderful storyteller and we're pleased to have him here with us today, please join me in welcoming Gary McKechnie.